Kara MK6 Mighty Floured Bap





Product Description

An extra large soft white bap dusted with flour. Excellent for both hot and cold fillings.

Storage/Handling/Baking Instructions

Keep frozen. Store at -18°C or below.

Once defrosted do not refreeze. To defrost, remove from case and leave in bag at room temperature for 2 hours, or until fully defrosted. Once defrosted, store in a sealed bag in a cool, dry place away from direct sunlight. **Once defrosted use within 4 days.**

Can be served toasted: Open and place in a grill for 1-2 minutes until crumb

Ingredient Declaration

Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Yeast, Sugar, Rapeseed Oil, Emulsifiers: E471, E472(e); Flour Treatment Agents: E300, E920.

Allergens

Nutritional Information

		Per 100g	Per bap (115g)
Energy	kJoules	1026	1179
	kcal	242	278
Total Fat (g)		1.6	1.8
of which	saturates (g)	0.2	0.2
of which mono-un	saturates (g)	0.5	0.6
of which polyun	saturates (g)	0.7	0.8
Available Carbohy	drate (g)	46.6	53.6
of whi	ch sugars (g)	3.4	3.9
Dietary Fibre (g)		3.2	3.7
Protein (g)		8.9	10.2
Salt (g)		0.9	1.0
of which	sodium (mg)	365	420

Suitable For				
Vegetarians	√	Halal		×
Vegans	\checkmark	Kosher		×
Product is free from:				
GM ingredients, Hydrogenated Fats				
Shelf Life				
Frozen Life of Pro	duct		12 months	
Wrapped life onc	e defrosted		4 days	

For allergens, including cereals containing Gluten, see ingredi-

ents in **bold**. Also, may contain Sesame.

Product Data

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Product Weight:	115g +/-5g	Case Net Weight:	2.76kg	Case Dime	nsions
		Case Gross Weight:	3.16kg	Length:	441mm
Product Dimensions:	Diameter 135 +/- 3mm, Height 50 +/- 3mm	Declared Weight:	2.64kg	Depth:	296mm
		Cases per Layer:	10	Height:	180mm
No. in a Pack:	4 units per pack	Cases per Pallet:	80	Pallet Height:	1.962
Packs in a Case:	6 packs per box	Barcode / EAN:	05010066882071		

Traceability Code: Best Before DD, MMM,YY, Day of Year, Time (24hr) eg 03 MAR 09 L8086 FN 19:28

Information Issued By

Name:	Cynthia Ntumba	Position:	9
Date Issued:	13/01/2023	Issue No:	(

Specification Technologist 011

Kara Customer Care



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